Introducing the Athlete App

More athlete voice. Clear goals. Shared progress.

We’re excited to introduce the Freestyle Whistler Athlete App to our families. The aim is to give athletes more say in their development: choosing goals, identifying skills they want to learn and working with their coaches on the steps to get there.

The app brings the athlete’s development plan, skill progress and daily training plans into one place. Parents can follow along, and athletes can take a more active role in shaping their own development.

What your family can see and do

See the daily training plan. Parents and athletes will be able to see the coach’s saved Training Plan each day, including the group’s focus and planned activities.

Review goals and priority skills. Athletes, please check that your goals and priorities reflect what you discussed and have been captured correctly. You are welcome to make edits with your coach.

Understand the building blocks. Open a priority skill to see its prerequisites. Use Skill Tracker to review progress across the wider skills list.

Add style with grabs. On an air trick, select Add Grab to choose a grab, write in another option or add more than one grab. Then select Save grab goals.

Help shape weekly training. In Training Plans, use My goals for this week to suggest what you would like to work on. Your coach can consider these suggestions when planning.

Look further ahead. In Long Term Goals, explain what you would like skiing to look like in 3-5 years, why skiing matters to you and which pathway you would like to explore.

This is a beta and we’re still developing it. Features and wording will continue to improve, and some features may be enabled in stages. If something is confusing, missing or not working, please let Chris know. Your feedback will help us improve the app as we work towards using it across the whole club.

Start with the family signup steps on the next page. The Alex Taylor sample that follows shows how the athlete side can look. You can also explore the interactive preview.

Get your family set up

1. Complete the family signup form

Open the family signup page. Anyone with the link can submit a request; no sign-in is needed to complete the form. A parent or guardian should complete it with their athlete. Submit one request for each athlete.

Have these details ready:
Athlete’s full name and program.
Parent 1’s name and email for sign-in.
Parent 2’s name and email, if applicable.
The athlete’s own email, if they have one.

> **No athlete email? That’s fine.** Clear the checkbox that says the athlete has their own email address. You do not need to create one to request access. Chris will confirm the parent access arrangement with you.

2. Confirm the email addresses for your family

Confirm each parent’s or guardian’s email for app access, plus the athlete’s own email if they have one. If you already provided these details, confirm they are still correct with Chris privately or send him corrections. No duplicate request is needed.

Add your full name and parent/guardian confirmation, then select Submit for Chris’s review. Keep the confirmation reference. Your family details remain private.

3. Wait for your sign-in instructions

Chris will check the request against club registration. Submitting the form does not activate access. The club will contact you separately when access is ready. Use your confirmed email to sign in; never share passwords or sign-in codes.

Once your family has access

Open Athlete Performance Plan together and review the goals and priorities with the coach. Coaches approve each goal and priority individually. Athlete and parent approval of the whole plan will be available through their own approved sign-ins.

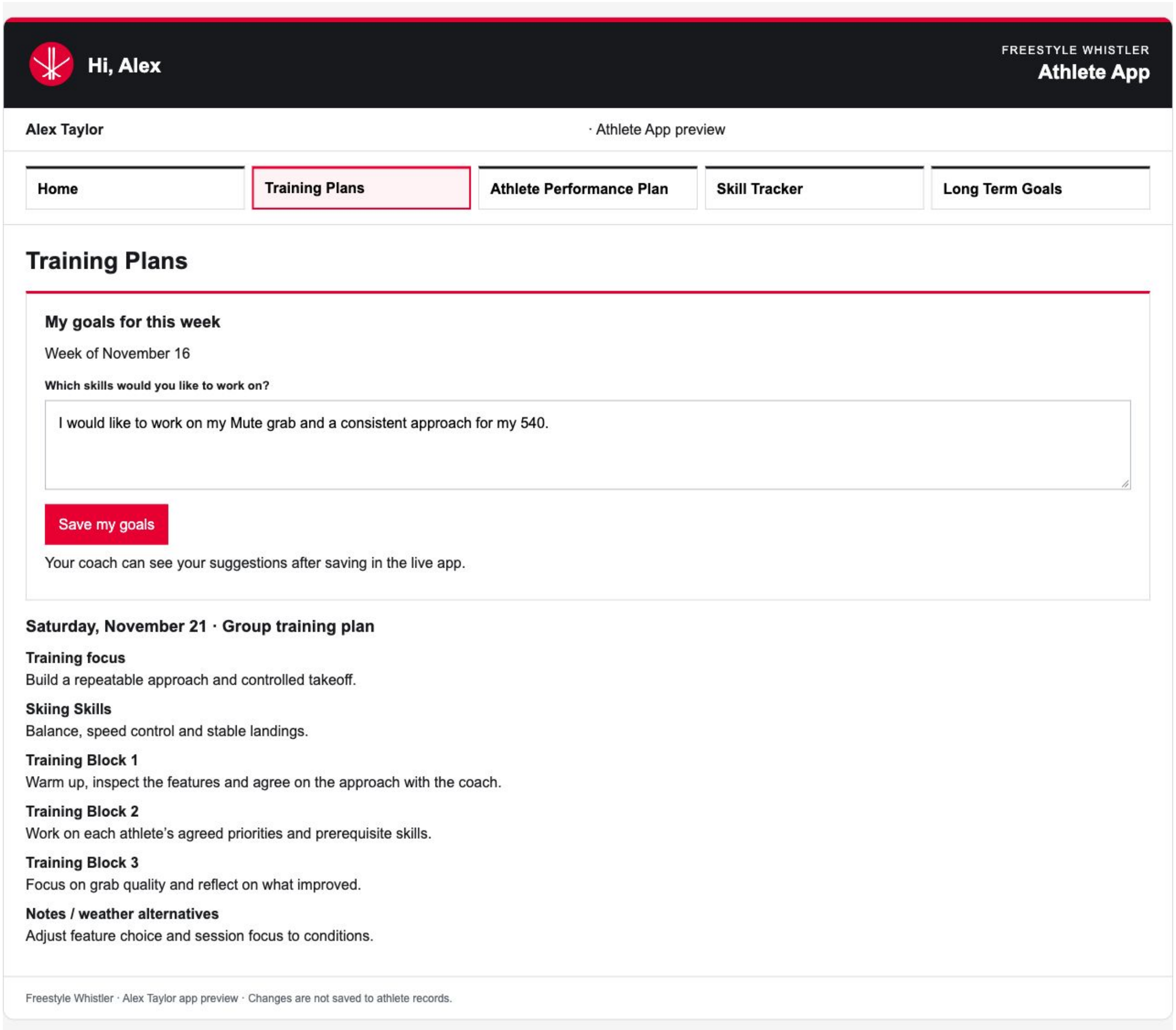
Keep Snow, Trampoline and Airbag / Water Ramps progress separate. Build priorities for each environment with the coach. Snow allows up to **12 active priorities**, with a maximum of **6 Air** and **6 Rail** within that total.

Priority plan items move through **Needs Approval > Ready to Get Going? > Working on It > Achieved**. Achieved priorities turn green and move into **Achieved Priority Skills**. Coach verification opens a slot for a new priority.

Questions or corrections? Contact Chris privately at **chris@whistlerblackcombfreestyle.com**. Please keep family access details out of the team chat.

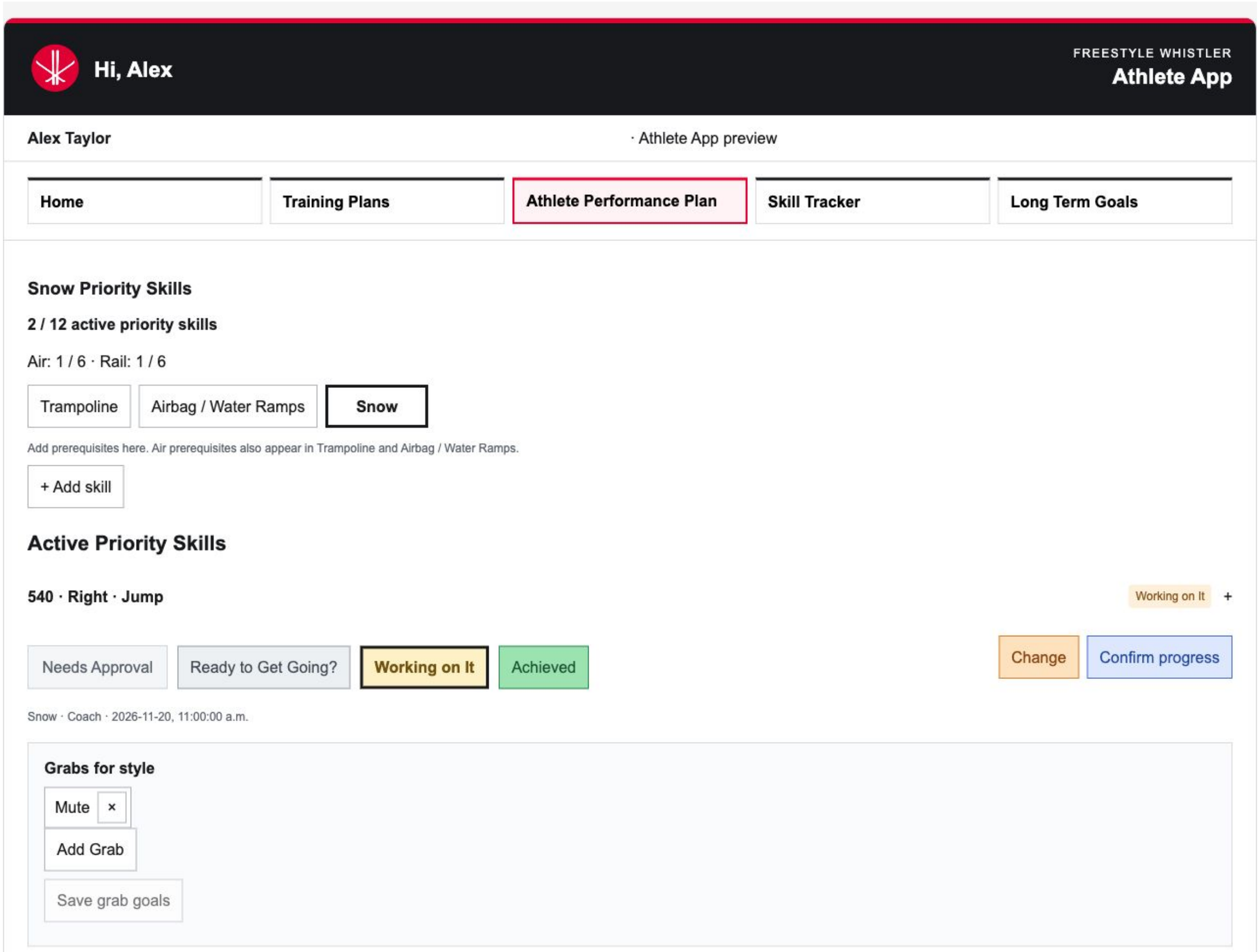
Daily plans and weekly suggestions

Parents and athletes can see the coaches' saved daily plan. Athletes can suggest what they would like to work on in My goals for this week.



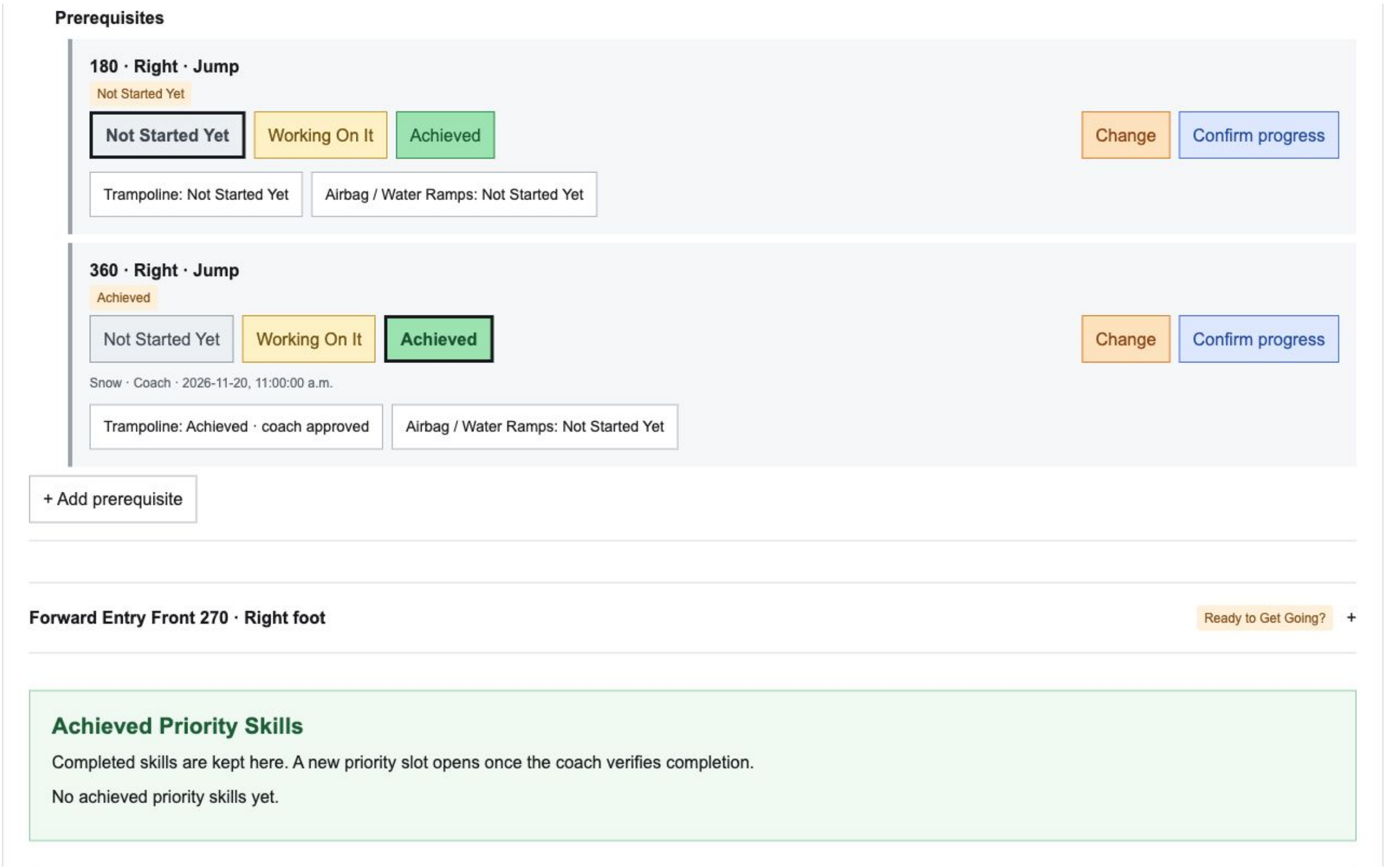
Goals, priority skills and grabs

Review each priority with the coach and check the exact trick and direction. Add Grab opens the grab choices; select Save grab goals to keep your choices in the live app.



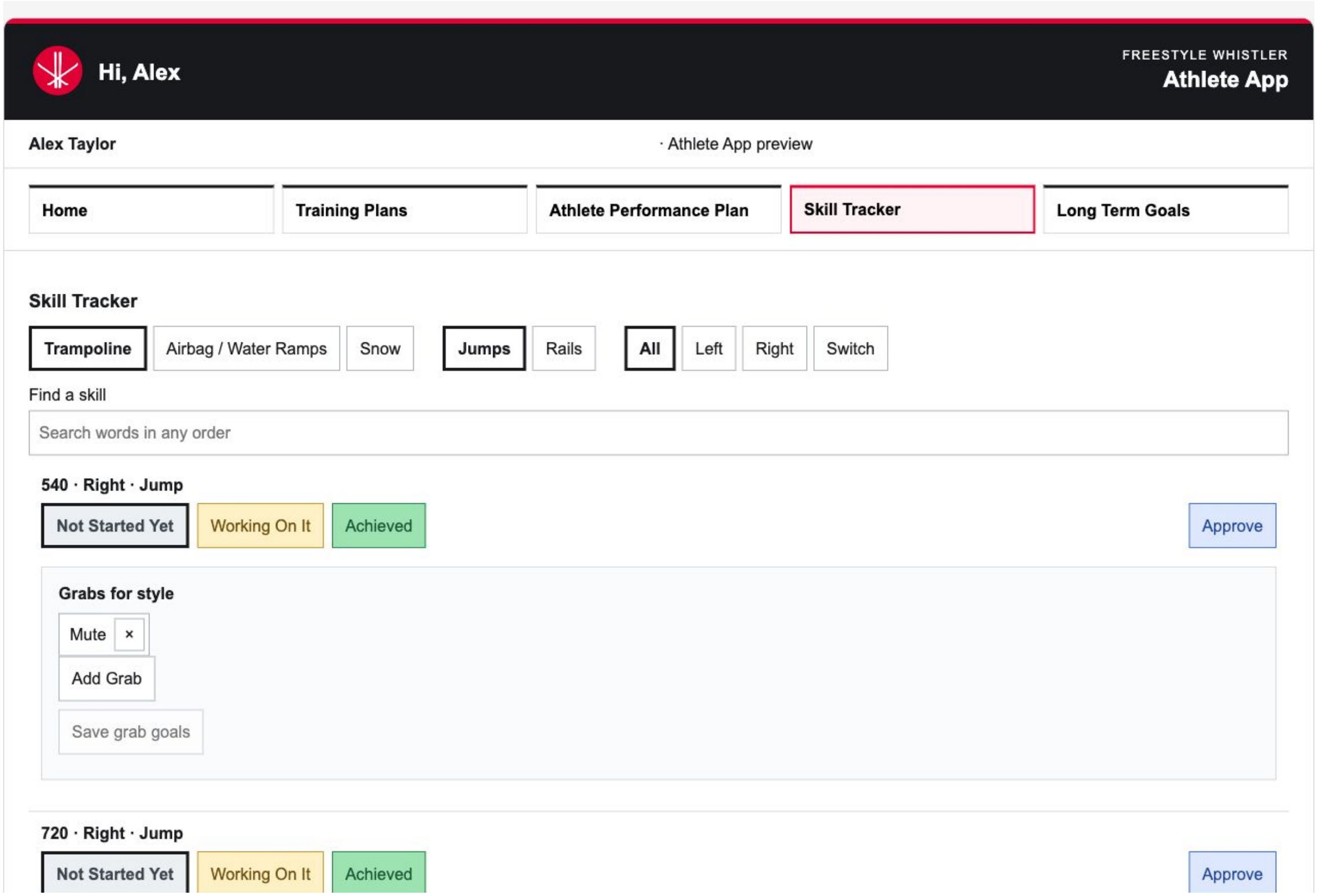
Prerequisites and achieved priorities

Prerequisites show the building blocks for the selected priority. Their progress is tracked separately. The green Achieved Priority Skills section keeps completed priorities; coach verification opens a new slot.



Skill Tracker

Choose the training environment, skill type, direction and feature before checking progress. Search words in any order, such as 540 right. The full catalogue is separate from the smaller Priority Skills plan.



Longer term goals

Start with the athlete’s own ideas: what skiing could look like in 3-5 years, why that matters to them and which pathway they would like to explore. Discuss the answers with the coach and revisit them as interests develop.

